RISØY
FOLKEHØYSKOLE

GAP YEAR NORWAY

MUST- HAVES:

- ✓ A valid passport (must be valid through 2027)
- ✓ Travel insurance
- ✓ Clothing for all kinds of Norwegian weather
- ✓ Solid footwear for all conditions
- ✓ Indoor sports shoes

NICE TO HAVE:

- ✓ Sleeping bag
- ✓ Sleeping pad
- ✓ Backpack
- ✓ Thermos

FOR THE DORM:

- ✓ Duvet
- ✓ Pillow
- ✓ Bed linen
- ✓ Basic kitchen supplies for the shared kitchenette